

التاريخ: 2021/12/01

المدة: 02 س

المادة: الانجليزية

المستوى: 1 ج م ع

## اختبار الفصل الأول

Read the text carefully using the technics of skimming and scanning.

With limited face-to face contact during the stay-at-home and physical distancing mandates of the COVID-19 pandemic, people are at higher risk for feeling isolated, sad and emotionally distressed. Close relationships play a key role in helping individuals cope with such challenges. In addition to fulfilling fundamental needs for social belonging, connecting with close others can offer much needed validation and emotional support. One particularly supportive set of relationships during times of heightened stress is friendships

During stay-at-home and physical distancing mandates, connecting with friends is largely restricted to **electronic methods** (i.e., texting, voice and video calls, posting and commenting on social media). While convenience or efficiency is an **excellent consideration in everyday communication** and as a way to maintain relational closeness under **normal circumstances**, **multi-modal forms of communication** (e.g., video calls) may become increasingly **valuable ways to maintain intimacy**. That is, synchronous multi-modal communication is likely to **provide more meaningful or satisfying contact than asynchronous methods** that rely on only one modality, **such as e-mail or texting**. Similarly, **reliance on social media** involving low levels of interaction (e.g., posting, browsing, commenting might be the **least satisfying** during imposed social isolation). The overall frequency or satisfaction with connecting with friends should also help reduce loneliness and emotional distress.

Finally, it might be **particularly important to learn whether loneliness and emotional distress** can be alleviated for higher risk groups. Thus, to meet **their** potentially greater need for sense of connection, more frequent and more satisfying **electronic communication with friends** might be especially important in reducing distress and loneliness among those with pre-existing contextual (living alone) and psychological (mental health) vulnerabilities in such tragic circumstances.

### Reading Comprehension: (7 Points)

1) Say whether the following sentences are correct or false according to the text: (0.5 x 2)

- The human psychological risks are higher than ever, since the spread of Covid 19.
- The electronic methods of communication have not been able to connect people during the stay-at-home period.

2) Find the words that are closest in meaning to the following: (0.5 x 2)

People §1 =

Solitude §2 =

Find in the text words opposite to the following: (0.5 x 2)

High ≠

Increase loneliness §2 ≠

3) Find in the text the extreme adjectives of the following ones: (0.5 x 2)

Good §2 →

Sad §3 →

4) What do the words in bold refer to: (0.5 x 2)

Electronic methods →

Their →

5) Answer the following questions:( 1 x 3)

- a) Give the text a title.
- b) What are the main psychological risks of Covid 19?
- c) How is modern technology reducing these risks?

**Mastery of the language: (7 points)**

1) Re-create the following sentences using “so as to, in order to, to” or the negative form (2 p)

- He studied really hard. He wanted to get good marks.
- The lockdown was imposed. They wanted to keep people safe.
- You must respect social distancing. (negative) get infected.
- She opened the window. She wanted to get fresh air.

2) Fill in the gaps with “must, don’t have to, Mustn’t” (1 x 3)

- You..... wear your facemask for your safty and the safty of the others.
- You ..... be overstressed like this, otherwise you’ll be at higher risk than anybody else.
- You.....shake hands with other, as it is one of the main reasons of the contamination.

3) Turn the following sentences into **formal** and **informal** requests. (1 x 2)

- You want someone to help you with an equation.
- You want someone to repeat what he/she said.

**Written Expression: (6 points)**

Suppose, you received an email from a foreign friend who wants to know more about **you (tell everything about you), your family, your culture, religion and country** as well as **the effect of Covid 19 on your life.**

Write an email of seven lines or more, talking about the above stated points.

مدرسة "الرجاء والتفوق" الخاصة

Ecole Erradja wa Tafaouk

ÉCOLE PRIVÉE

“Exams last few days, learning lasts forever”

Best wishes,